



PLAY. LEARN. GROW.

WE WANT ALL
CHILDREN TO BE
HAPPY, HEALTHY
& SCHOOL
READY!



GIVE YOUR CHILD A HEAD START!
APPLY NOW 1-888-873-5145

SAN DIEGO'S LEADER IN FREE OR LOW COST CHILD DEVELOPMENT AND FAMILY SERVICES

Neighborhood House Association's Early Head Start and Head Start are available to families with children 0-5 that are of low-income, experiencing homelessness, or have a child with disabilities or in foster care.

Our curriculum is research-based, individualized, developmentally appropriate and designed to develop Kindergarten readiness skills.

Home-Based services in the comfort of families' homes are also available.

**Apply Now Online
or Call 1-888-873-5145**



SERVICES INCLUDE



**EARLY CHILDHOOD
CARE AND EDUCATION**



PARENTING CLASSES



**FAMILY SUPPORT AND
RESOURCES**



**HEALTHY MEALS AND
SNACKS**



**MENTAL HEALTH
SERVICES**



FUN AND LEARNING!



**REFERRALS TO DOCTORS, DENTISTS,
AND OTHER SERVICES**



neighborhoodhouse.org



Transportation information: sdmts.com or 619-233-3004 for bus/trolley routes & schedules.
No child will be discriminated against because of race, nationality, or religion.

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