



NHA Friendship Clubhouse Weekend Program Activities Schedule

Effective 08/01/2020

Time	Saturday	Sunday
12:00 pm	Sign in Community Meeting	Sign in Community Meeting
12:15 pm	Snacks/Socialize	Snacks/Socialize
1:00 pm	Break	Break
1:15 pm	Peer Support	Arts & Crafts
2:00 pm	Break	Break
2:15 pm	Computer Lab/Computer Literacy	Health & Wellness
3:00 pm	Break	Break
3:15 pm	Indoor Games/Recreation	Indoor Games/Recreation
3:45 pm	Housekeeping/Wrap-up	Housekeeping/Wrap-up

A separate schedule will be issued each month for special activities

Friendship Clubhouse is open to all adults with severe and persistent mental illness including those with co-occurring substance use disorders
New enrollments on Mon, Tue, Wed, and Fri, 9:30 AM – 11:00 AM and 2:00 PM – 4:00 PM; Saturdays 12:00 PM – 1:00 PM. **No new enrollments on Thursdays and Sundays.**