

Mission Statement
 The Neighborhood House Adult Day Health Care Center seeks to assist individuals achieve maximum functional independence while providing supportive services to caregivers



Neighborhood House Association

Adult Day Health Care Center

THE ROUNDUP



851 South 35th Street, San Diego, CA 92113 (619) 233-6691



June Entrees

- 6/1 Beef Kabob
- 6/2 Grilled Chicken
- 6/5 Stew Beef
- 6/6 Beef Burrito
- 6/7 Paprika Chicken
- 6/8 Red Bean Soup
- 6/9 Baked Chicken
- 6/11 Turkey Sandwich
- 6/12 Bolognese Beef
- 6/13 Lentil Soup
- 6/14 Pasta & Chicken
- 6/15 Bean Beef Taco
- 6/18 Chicken & Tomatoes
- 6/19 Baked Chicken
- 6/20 Beef Picadillo
- 6/21 Roasted Turkey
- 6/22 Black Bean Chili
- 6/25 Meat Sauce & Pasta
- 6/26 Baked Jerk Chicken
- 6/27 BBQ Beef Burger
- 6/28 Roast Herb Chicken
- 6/29 Tuna Sandwich



June is the month for honoring dear ole dad. **Send in a photo of your father if available!** We will have our annual **Father's Day Bash** featuring Serena and the Belly Dancers on Friday, June 15th. Everyone will enjoy donuts in honor of **Donut Day** too!

A REPEAT ANNOUNCEMENT

Time for Renewing MTS?

Participants periodically receive notices that their MTS transportation eligibility needs to be renewed. It is important to update your eligibility in timely fashion as failure to do so could affect your transportation to program. If help is needed, please call the center social workers, Betty Tuyay and Ana Parramore.



A Brand New Look in the Yard



The two palms in the front yard of the program has stood since the 1930's. Today, looking down from the now very tall palms is a major transformation taking place. The workers have already jackhammered the original walkways and is set to plant a new garden and pathways. The design will encourage our participants to visit the outdoors to enjoy the fresh air and sunshine. Just in time for Summer!



YOUTHWORKS HERE FOR US!


Once again this summer, the kids from Youthworks will be spending time with us. The groups are from all over the country. Welcome!



CLAIM YOUR COAT OR JACKET! Articles of winter wear are left unclaimed on our coat racks. Placing names on the clothing helps in its return. Thank You.

JUNE 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Daily Lineup: Coffee Club: 9-11am Group Exercise: 11-11:45am Lunch: 12-1pm Group Recreation 1-4:30 pm		 CANCER JUNE 21 - JULY 22 <small>WTFZODIACSIGNS.COM</small> Cancer with their gripping might, will never let go of their loved one no matter what and only want to be cherished in returned. <small>WTFZODIACSIGNS.COM</small>		GEMINI MAY 21 - JUNE 20 <small>WTFZODIACSIGNS.COM</small> The Gemini is thoughtful and considerate of others feelings and very forgiving but don't cross them, you will regret it. <small>WTFZODIACSIGNS.COM</small>	1	2
	Trivia Hour 	Video of The Week	Music & Memories w/ Jean	Current Events BINGO	NATIONAL DONUT DAY  On the Move w/ Suzi Arts & Crafts	Men's Health Month 
3 Spiritual Group every Thursday @ 12:45pm	4	5	6	7	8	9
10	11 Book Club w/ Laverne! BINGO	12 Old School Platinum Group! 	13 Group Fitness Music Therapy	14 FLAG DAY 	15 Father's Day Celebration w/ The Belly Dancers! 	16
17	18 Group Fitness BINGO	19 Freedom Day Juneteenth June 19  Celebrate Freedom!	20 Mindful Music w/ Jean	21 Spiritual Group @ 12:45 BINGO 	22 Fit Club w/ Jean Arts & Crafts	23 Cataract Awareness Month
24 Alzheimer's & Brain Awareness Month	25 Active Aging w/ Suzi 	26 In the News w/ Suzi Art Exploration	27 Music Expression	28 National Handshake Day 	BIRTHDAY PARTY Bash w/ Juan Robles!	

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