

Mission Statement

The Neighborhood House Adult Day Health Care Center seeks to assist individuals achieve maximum functional independence while providing supportive services to caregivers



Neighborhood House Association Adult Day Health Care Center **THE ROUNDUP**



**February
2018**

851 South 35th Street, San Diego, CA 92113 (619) 233-6691

Month of Hearts and LOVE



Sweet activities are planned on Valentine's Day 2/14. Wear Pink or Red.

Mardi Gras music is the theme performance by the **Old School Platinum Group** the day before on 2/13.

For the birthday party, 2/23 **Danny Lopez** will sing various love songs!

Remember- the Center will remain **OPEN** for Lincoln and President's Holidays.

Participant Satisfaction Survey

Tell us what you think!



The ADHC Person-Centered program respects the uniqueness of the individual with a focus on personal worth, social confidence and hope. Many thanks to all who completed our recent Participant Satisfaction Survey. If you have not done so, please send them in. You may provide the information without sharing your name. Your opinion and feedback matters for helping us in our goal of providing quality care & service..



CONGRATS Suzi Beach

Bravo Suzi Beach! She was honored as the Neighborhood House Association **EMPLOYEE OF THE QUARTER!** She has been our Activities Coordinator for the past four years. She is a resourceful, creative and fun staffer. Suzi's favorite part about working at the Center "I like being at the Center and getting to know our diverse participants!"



MENU

- | | |
|-----------------------|----------------------|
| 2/1 Roast Turkey | 2/15 Sesame Noodles |
| 2/2 Bean Chili | 2/16 Beef Kabob |
| 2/5 Sicilian Pasta | 2/19 Grill Chicken |
| 2/6 Jerk Chicken | 2/20 Stewed Beef |
| 2/7 BBQ Burger | 2/21 Burrito |
| 2/8 Roast Turkey | 2/22 Paprika Chicken |
| 2/9 Tuna Sandwich | 2/23 Beef Soup |
| 2/12 Beef Chili | 2/26 Turkey Sandwich |
| 2/13 Chicken Sandwich | 2/27 Bolognese Pasta |
| 2/14 Taco Salad | 2/28 Lentil Soup |

UPDATE YOUR INFO



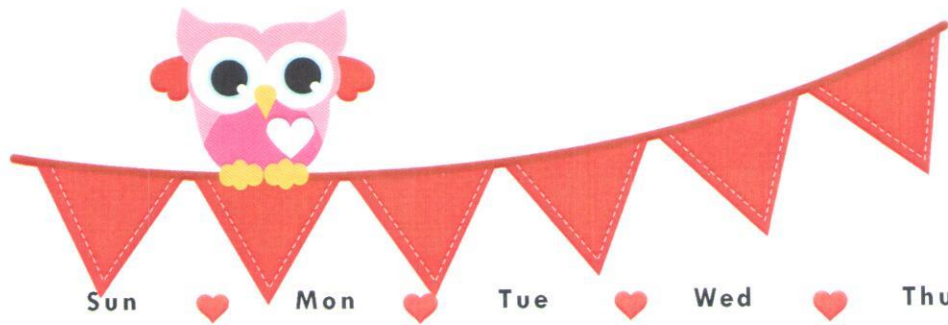
Your current health and contact information is important to us in many ways.

***The Center maintains a chart of participant information. In emergency, a printout is given to medical personnel so that participant's health info and responsible persons contacts are easily identified.**

***Each participant's physician is given a six month progress report and a request for updated medical info. Please let staff know of any changes with physician and/or health information.**

*** From time to time, staff might need to contact you at home. Be sure we have your current telephone and cell phone number.**





February 2018

LOVE

Sun Mon Tue Wed Thu Fri Sat

<p>DAILY SCHEDULE: Java Club: 9-11am Group Exercise: 11-11:45am Lunch: 12-1pm Group Recreation: 1-4:30pm</p>				1	2	3																																										
				National Freedom Day BINGO																																												
4	5	6	7	8	9	10																																										
	Morning Moves BINGO	Video of the Week 	Body Dynamics Creative Arts w/ Jean	Trivia Hour 	National Pizza Day! 	American Heart Month																																										
11	12	13	14	15	16	17																																										
	Abraham Lincoln's Birthday 	Celebrate Mardi Gras w/ The Old School Platinum Group	HAPPY Valentine's DAY	Morning Walks BINGO	Lincoln's Birthday The Center is OPEN 																																											
18	19	20	21	22	23	24																																										
	 The Center is OPEN	Video of the Week Craft Hour	Group Fitness Sing for Your Health!	Current Events 	Birthday Party w/ Danny Lopez! 																																											
25	26	27	28	<p>2018 MARCH</p> <table border="1"> <thead> <tr> <th>SUN</th> <th>MON</th> <th>TUE</th> <th>WED</th> <th>THU</th> <th>FRI</th> <th>SAT</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>			SUN	MON	TUE	WED	THU	FRI	SAT					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
SUN	MON	TUE	WED	THU	FRI	SAT																																										
				1	2	3																																										
4	5	6	7	8	9	10																																										
11	12	13	14	15	16	17																																										
18	19	20	21	22	23	24																																										
25	26	27	28	29	30	31																																										
	Get fit w/ Suzi BINGO	Group Fitness Art Therapy w/ Jean	Sing your Out w/ Jean!																																													

NHA complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. NHA is an equal opportunity provider and employer.