African-American infants are about 30% more likely to be born premature compared to all of San Diego County’s infants overall.

TOGETHER, WE CAN MAKE A DIFFERENCE TO HELP ENSURE THAT ALL BABIES ARE BORN HEALTHY!

OUR SERVICES:
- 10-week prenatal sessions for pregnant women
- 10-week postpartum sessions for new moms
- Healthy meals, transportation assistance, and other supportive resources during sessions
- Individual client plans that address the most important concerns in a woman’s life
- Referrals for health and social services

ELIGIBILITY:
- African-American women
- 26 or fewer weeks pregnant
- 18 years of age or older

ALL SERVICES ARE AT NO COST

For more information or to enroll, call:
Black Infant Health
286 Euclid Avenue, Suite 308
San Diego, CA 92114
(619) 266-7466
www.scbih.org

Providing Support to Pregnant and Parenting African American Women in San Diego County Since 1952

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