

**SAN DIEGO COUNTY**  
**Black Infant Health Program**



African-American infants are about 30% more likely to be born premature compared to all of San Diego County's infants overall.

**TOGETHER, WE CAN  
MAKE A DIFFERENCE  
TO HELP ENSURE  
THAT ALL BABIES  
ARE BORN HEALTHY!**



**OUR SERVICES:**

- 10-week prenatal sessions for pregnant women
- 10-week postpartum sessions for new moms
- Healthy meals, transportation assistance, and other supportive resources during sessions
- Individual client plans that address the most important concerns in a woman's life
- Referrals for health and social services

**ELIGIBILITY:**

- African-American women
- 26 or fewer weeks pregnant
- 18 years of age or older

**ALL SERVICES ARE AT NO COST**

For more information or to enroll, call:

**Black Infant Health**

286 Euclid Avenue, Suite 308

San Diego, CA 92114

(619) 266-7466

[www.sdbih.org](http://www.sdbih.org)



*Providing Support to Pregnant and Parenting African American Women in San Diego County Since 1992*

The San Diego County Black Infant Health (BIH) Program receives funds from the State of California, Department of Public Health, Maternal, Child, and Adolescent Health Division through the County of San Diego, Health and Human Services Agency. The San Diego County BIH Program is operated by Neighborhood House Association.