

Chairperson
Vic Baker



President and CEO
Rudolph A. Johnson, III

NEIGHBORHOOD HOUSE ASSOCIATION SENIOR SERVICE CENTER

ACTIVITY SCHEDULE

Day	Time	Activity
Monday	9:30am – 10:30am 10:30am – 11:30am 1:15pm – 1:45pm	Nifty After Fifty Group Chair Yoga Afternoon Walk
Tuesday	9:30am – 10:30am 11:00am - Noon	Bingo Feelin Fit Club
Wednesday	9:30am – 11:30am 1:15pm – 1:45pm	Sumi-e Painting Afternoon Walk
Thursday	9:30am – 11:00am 11:00am - Noon	Bingo or Movie Day Feelin Fit Club
Friday	10:00am – 11:30am 12:00pm – 2:00pm	Knitting/Crochet Karoke Jam Session