

Mission Statement

The Neighborhood House Adult Day Health Care Center seeks to assist individuals achieve maximum functional independence while providing supportive services to caregivers



Neighborhood House Association Adult Day Health Care Center **THE ROUNDUP**

**February
2017**

851 South 35th Street, San Diego, CA 92113 (619) 233-6691

Happy Feb.
Month of
Hearts and
Love !



This is a short month of 28 days but one known for sweetness and romance.

The Center has a Cupid Party planned Tuesday the 14th. Wear Pink or Red .

Hearty music will be in the air during the month. Performances by the **Old School Platinum Group** and **Danny Lopez** are booked. **Jean Scott** on the piano always delights us!

Participant Satisfaction Survey

Tell us what you think!

Our Person-Centered Care respects the uniqueness of the individual with a focus that promotes personal worth, social confidence and hope. It is time again to complete our Participant Satisfaction Survey by providing your opinion of the program you have been involved with during the past year. Please provide the information without sharing your name. You may return the completed survey to the program. Thank You!



MENU

- 2/1 Shredded Beef
- 2/2 Pasta Bake
- 2/3 Bean Soup w/ Beef
- 2/6 Turkey Sandwich
- 2/7 Rotini Beef
- 2/8 Lentil Soup
- 2/9 Hot Pesto Pasta
- 2/10 Been/Beef Taco
- 2/13 Chicken Sandwich
- 2/14 Chicken & Couscous
- 2/15 Beef Picadillo
- 2/16 Roasted Turkey
- 2/17 Bean Beef Chili
- 2/20 Meat Sauce & Pasta
- 2/21 Jerk Chicken
- 2/22 BBQ Beef Burger
- 2/23 Roasted Turkey
- 2/24 Tuna Sandwich
- 2/27 Chili with Beef
- 2/28 Curried Chicken



KEEP US UPDATED OF YOUR INFORMATION

Your current health and contact information is important to us in many ways.

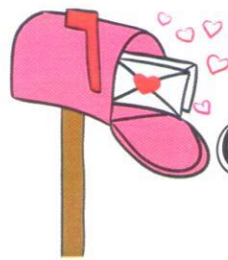
- *The Center maintains a chart of participant information. In emergency, a printout is given to medical personnel so that participant's health info and responsible persons contacts are easily identified.**



***Each participant's physician is given a six month progress report and a request for updated medical info. Please let staff know of any changes with physician and/or health information.**

*** From time to time, staff might need to contact you or caregivers at home. Be sure we have your current telephone and cell phone number. If you have an email, please feel free to share that too! Stay in touch!**





ebruary

20
17



Sun



Mon



Tue



Wed



Thu



Fri



Sat

		1 Groundhog Day! 	2 Heart Healthy Exercise w/ Suzi BINGO	3 National Wear Red Day FIND YOUR RED	4 American Heart Month
5	6 Morning Moves BINGO	7 The Old School Platinum Group! 	8 Body Dynamics Creative Arts w/ Jean 	9 Comedy Hour: Delightful Wonderful Moments	10 Chinese New Year
12 	13 Trivia Hour I BINGO	14 Valentines Day Strawberries & Cream Social! XOXO	15 LOVELY Arts & Crafts w/ Jean	16 Morning Walks 	17 Lincoln's Birthday The Center is OPEN Birthday Party w/ Danny Lopez!
19	20 The Center is OPEN	21 Video of the Week Craft Hour	22 Group Fitness Sing for Your Health!	23 Purim Current Events BINGO	24 Dia de la Bandera Arts & Crafts w/ Jean
26	27 Get fit w/ Suzi BINGO	28 Shrove Tuesday 		DAILY SCHEDULE: Java Club: 9-11am Group Exercise: 11-11:45am Lunch: 12-1pm Group Recreation: 1-4:30pm	

Neighborhood House ADHC is an equal opportunity provider and employer.