



851 South 35th St.  
San Diego, CA 92113

### MAIN ENTREE

-  12/1 Pesto Pasta
- 12/2 Beef n Bean Taco
- 12/5 Chicken Sandwich
- 12/6 Baked Chicken
- 12/7 Beef Peccadillo
- 12/8 Roasted Turkey
- 12/9 Black Bean Chili
- 12/12 Sicilian Meat Pasta
- 12/13 Jerk Chicken
- 12/14 Beef Burger
- 12/15 Roasted Turkey
- 12/16 Tuna Sandwich
- 12/19 Beef Chili
- 12/20 Chicken Sandwich
- 12/21 Taco Salad
- 12/22 Sesame Noodles
- 12/23 Beef Kabobs
- 12.26 Holiday -CLOSED
- 12/27 Stewed Beef
- 12/28 Beef Burrito
- 12/29 Chicken Bake
- 12/30 CLOSED—NYE

HAPPY NEW YEAR 2017



# The RoundUp

Neighborhood House Association  
Adult Day Health Care Center

December 2016  
619 233-6691 619 233-6693 (fax)  
adhc@neighborhoodhouse.org



## Carols, Food, & Fun for All

## Family Night & Drawing Set for Dec.9th

**It's Holiday time again! Join us Friday, December 9th for the Annual Family Night. Our get-together brings friends and family in for a potluck dinner plus the Big Draw! Ham, Turkey and all the trimmings will be provided. Attendees are invited to bring a favorite dish or dessert for the party. Party time is from 6 to 8 pm.**



**No bus transportation will be provided to the evening event. Please be sure your participant has a ride home!**

**Juan Robles will be on hand for musical entertainment. The Big Draw is our annual fundraiser. Be sure to turn in your opportunity tickets beforehand. Support the Center! Various gift cards, crafts and other prizes will be drawn for lucky winners! Happy Holidays to all!**



## DAYTIME HOLIDAY PARTY IS DEC.EMBER 21



For some participants, the holidays are challenging, especially when they reflect on family /friends now gone. The Santa Claus Party on Wed. 12/21 offers cheer and a gift for each participant.

Please consider making a donation of \$5 or send in a gift

suitable for a participant. Santa Claus & his energetic elves will be on hand and thank you gratefully for pitching in!



merry christmas



# December 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><u>Schedule of Events:</u>            Coffee Club: 9-11am            Group Exercise: 11-11:45am            Lunch: 12-1pm            Group Recreation: 1-4:30pm</p>		2	3	<p><b>BINGO'S BIRTHDAY MONTH</b></p>
4	<p>Trivia BINGO</p>	<p>Manicures!</p>	<p>Morning Walks</p> <p>Group Crafts</p>	<p>Mental Aerobics</p> <p>BINGO</p>	<p>Holiday Family Night!</p>	10
11	<p>Spiritual Group @ 12:45 Every Thursday</p>	<p>Brain Fitness</p> <p>Fun w/ Suzi</p>	<p>Old School Platinum Group!</p>	<p>Music &amp; Memories w/ Jean</p>	<p>Effective Communication w/ Suzi</p> <p>Trivia</p>	<p>Morning Walks</p> <p>Arts &amp;</p>
18	<p>Body Dynamics</p> <p>BINGO</p>	<p>Video of the Week</p>	<p>Daytime Santa Party!</p>	<p>Christmas Caroling!</p>	<p>Birthday Celebration Juan Robles!</p>	
<p>WE WISH YOU A MERRY CHRISTMAS</p>	<p>Happy Holidays!</p> <p>The Center is <b>CLOSED!</b></p>	<p>Holiday Crafts</p> <p>Video of the Week</p>	<p>TRIVIA</p> <p>Arts &amp; Crafts</p>	<p>Current Events w/ Suzi</p> <p>BINGO</p>	<p>HAPPY NEW YEAR</p> <p><b>CLOSED!</b></p>	31