Mission Statement
The Neighborhood
House Adult Day
Health Care Center
seeks to assist
individuals achieve
maximum functional
independence while
providing supportive
services to caregivers



## Neighborhood House Association

Adult Day Health Care Center

### THE ROUNDUP

851 South 35th Street, San Diego, CA 92113 (619) 233-6691 adhc@neighborhoodhouse.org



**April** 

2016

## ADULT DAY SERVICES HERE! Tell a Friend!



Spring has begun!
What a great time to
let friends and rela-

of our program. Neighborhood House Association is fully
licensed to operate as a dualprogram provider, offering Adult
Day Program (ADP) services in
addition to existing Adult Day
Health Care (ADHC) services.

Adult Day Services are a vital resource for thousands of families in

San Diego especially at a time when options are limited. Offering two different levels of care,

NHA's Adult Day Services provides

families with the option to choose which best suits their needs.

#### VISIT OUR PROGRAM SOON

The **ADHC** provides participants with nursing, rehabilita-

tive therapies and psycho-social services in a day treatment setting.

Medi-Cal can be billed using a managed care program. A Veteran's Administration Home Base Program referral and private pay is also accepted. ADP on the other hand is a non-medical day-time program, is private-pay only, and focuses on protective supervision and out of home respite for the caregiver.



Bob Bittle grins by the canopy!

# NEW CANOPY PROVIDES SHADE FROM SUN AND PROTECTION FROM THE RAIN

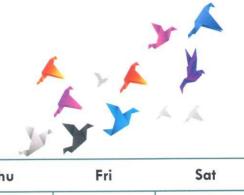
The Center is ready for April come rain or shine!

A cheerful, blue arched canopy now graces the front walkway to the door. "All we need is Carlton the doorman". says Betty Tuyay. However, even better is our charming staff persons warmly greeting our participants as they debark from their buses.









Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Brain Aerobics BINGO	Video of the Week	Art Expression	Group Exercise BINGO		
3	Trivia Hour  Arts &  Crafts	Music Therapy	Body Dynamics	7 News of the Day w/ Suzi BINGO	8 Effective communication w/ Suzi	National Humor Month
Spiritual Group every Thursday @ 11:45!	Movie of the Week BINGO	Old School Platinum Group	MUSIC & MEMORIES	Brain Teasers BINGO	The Charger Band!	16 N DIEGO
17	Healthy Heart Activities w/ Suzi	Spa Day	Volunteer Recognition Day Ageless Fitness	Live Well w/Suzi	Earth Day Birthday Party w Juan Robles!	23
24 B 11 21 15 04 05 07 12	25 28 28 28 29 22 36 36 36 36 36 36 36 36 36 36	Coffee Cla Group Ex Lunch: 12	27 C At a Glance ub: 9-11 am ercise: 11-11: -1pm Recreation:	45 am	29	Keep America Beautiful Month