

Mission Statement
The Neighborhood House Adult Day Health Care Center seeks to assist individuals achieve maximum functional independence while providing supportive services to caregivers



Neighborhood House Association Adult Day Health Care Center **THE ROUNDUP**



**April
2016**

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ADULT DAY SERVICES HERE! Tell a Friend!



Spring has begun! What a great time to let friends and relatives know about the benefits of our program. Neighborhood House Association is fully licensed to operate as a dual-program provider, offering Adult Day Program (ADP) services in addition to existing Adult Day Health Care (ADHC) services.

Adult Day Services are a vital resource for thousands of families in San Diego especially at a time when options are limited. Offering two different levels of care, NHA's Adult Day Services provides



families with the option to choose which best suits their needs.

VISIT OUR PROGRAM SOON

The **ADHC** provides participants with nursing, rehabilitative therapies and psycho-social services in a day treatment setting. **Medi-Cal** can be billed using a managed care program. A Veteran's Administration Home Base Program referral and private pay is also accepted. **ADP** on the other hand is a non-medical day-time program, is private-pay only, and focuses on protective supervision and out of home respite for the caregiver.



Bob Bittle grins by the canopy!

NEW CANOPY PROVIDES SHADE FROM SUN AND PROTECTION FROM THE RAIN

The Center is ready for April come rain or shine!

A cheerful, blue arched canopy now graces the front walkway to the door. "All we need is Carlton the doorman", says Betty Tuyay. However, even better is our charming staff persons warmly greeting our participants as they debark from their buses.

APRIL



2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Brain Aerobics BINGO	Video of the Week 	Art Expression 	Group Exercise BINGO	1 APRIL FOOLS!	2
3 	4 Trivia Hour Arts & Crafts	5 Music Therapy 	6 Body Dynamics	7 News of the Day w/ Suzi BINGO	8 Effective communication w/ Suzi 	9 National Humor Month
10 Spiritual Group every Thursday @ 11:45!	11 Movie of the Week BINGO	12 Old School Platinum Group 	13 MUSIC & MEMORIES	14 Brain Teasers BINGO	15 The Charger Band! 	16
17 	18 Healthy Heart Activities w/ Suzi	19 Spa Day 	Volunteer Recognition Day Ageless Fitness	21 Live Well w/ Suzi	22 Earth Day Birthday Party w/ Juan Robles! 	23
24 	25	26 NHA ADHC At a Glance: Coffee Club: 9-11 am Group Exercise: 11-11:45 am Lunch: 12-1pm Afternoon Recreation: 1-4:30 pm	27	28	29 	30 Keep America Beautiful Month