

Mission Statement
 The Neighborhood House Adult Day Health Care Center seeks to assist individuals achieve maximum functional independence while providing supportive services to caregivers



Neighborhood House Association

Adult Day Health Care Center

THE ROUNDUP



July
 2014

851 South 35th Street, San Diego, CA 92113



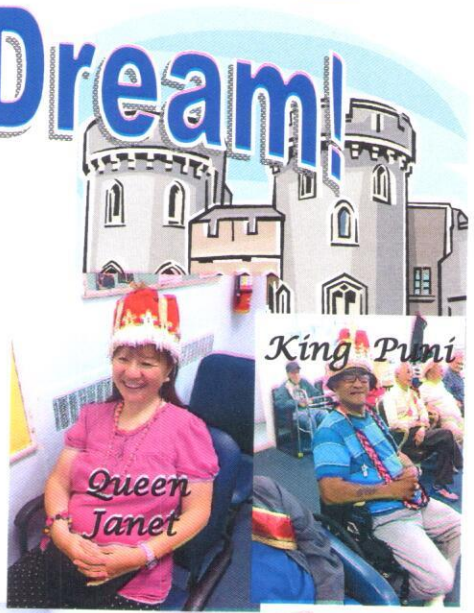
July Entrees

- 7/1 Rotini & Beef
- 7/2 Chicken Gumbo
- 7/3 Egg Scramble
- 7/4 HOLIDAY-closed
- 7/7 BBQ Chicken Wrap
- 7/8 Thai Chicken
- 7/9 Beef Picadillo 
- 7/10 Roast turkey
- 7/11 Black Bean Chili
- 7/14 Penne Pasta & Sauce
- 7/15 Asian Chicken Wrap
- 7/16 BBQ Beef Burger
- 7/17 Potato Egg Scramble
- 7/18 Tuna Sdwch
- 7/21 Marie's Famous Chili
- 7/22 Turkey/Cheese Sdwch
- 7/23 BBQ in the Garden
- 7/24 Sesame Noodles
- 7/25 Egg Scramble
- 7/28 Chicken Fajitas
- 7/29 Turkey/Swiss Sdwch
- 7/30 Burrito
- 7/31 Baked Chicken

Dare to Dream!

The Senior Prom

The center hosted the senior prom on Friday, June 27. There was music played by Gus Mezza, dancing and refreshments. Beautiful corsages and boutonnieres were created courtesy of the YouthWorks, Inc. volunteers. Participants voted for who they thought should be prom king and queen, and based on the majority vote, **Puni Ulugalu and Janet Romel** were crowned!



NEWS FLASH! Cal MediConnect

All of a beneficiary's medical, behavioral health, long-term institutional, home and community based services will be combined in a single health plan. This allows your providers to better coordinate your care and make it simple for you to get the right care at the right time in the right place!









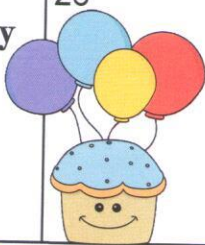

YouthWorks, Inc. Volunteers



There's a whole lot of action going on around here! Back for community service camp is the kids from "YouthWorks, Inc." Each week a new group of young teenagers come from all over the country to spend quality time with the participants and also visit all that San Diego County has to offer.

JULY 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
PT: M,TH OT: W,TH COTA: M-F RN:M-F LVN: M-F ST: M,TH RD: 16TH		1 Morning Walks Video of the Week	2 Move to the Beat Music Therapy	3 Brain Teasers BINGO	4  Happy 4th The Center is CLOSED	5 National Baked Bean Month
6 MD: 16TH PSY: W	7 Activities for your Heart	 SPA DAY!	9 Current Events w Jean Arts & Crafts	10 Morning Stretches  BINGO	11 Healthy Living w/ Suzi Music	12 National Hot Dog Month
13 Meetings: INA on the 16th @ 9am	14 Group Walks  BINGO	15 Arts & Crafts Video of the Week	16 Brain Aerobics Music Appreciation	17 What's in the News w/ Suzi BINGO	18 Group Exercise Craft Hour	19 National Ice Cream 
20	21 Trivia Hour BINGO	22 Summer Crafts Movie Hour	23 Summer BBQ! 	24 Mental Aerobics Effective Communication	25 Birthday Party w/ Phil Gates! 	26
27 	28 Strengthening Exercises Current Events	29 Flex & Relaxation Creative Hour	30 National Cheesecake Day! Music & Movement w/ Jean	31 Current Events BINGO	Daily Schedule: Java Club: 9-11 Group fitness: 11-11:45 Lunch: 12-1 Group Recreation: 1-4:30	

Neighborhood House Association is an equal opportunity provider and employer.