



**April  
2014**

Mission Statement  
The Neighborhood House Adult Day Health Care Center seeks to assist individuals achieve maximum functional independence while providing supportive services to caregivers

# Neighborhood House Association Adult Day Health Care Center **THE ROUNDUP**

851 South 35th Street, San Diego, CA 92113 (619) 233-6691

## California Coordinated Care Initiative -Alert!

The state Medi-Cal program and the federal Medicare program have partnered to start a new project to improve care for seniors and people with disabilities who are dually eligible for both of the public health insurance programs, "dual eligible beneficiaries". The California Coordinate Care Initiative (CCI) has two parts:

\***Cal Medi-Connect:** Medi-Cal beneficiary's medical, behavioral

Health\*\*long-term institutional and home-and community-based services will be combined into a single health plan.



**Managed Medi-Cal Long-Term Supports and Services (MLTSS):**Medi-Cal beneficiaries including dual eligible beneficiaries who have opted out of Cal Medi-Connect or who are not eligible for Cal MediConnect, are required to join a Medi-Cal managed care health plan to receive their Medi-Cal benefits, including long-term supports and services and Medicare wrap-around benefits.



**Duals subject to passive enrollment into Cal Med-Connect** already in Medi-Cal managed care: A 90/60/30 day notices will be sent explaining choices plus a guidebook and Choice Form. Watch for a blue envelope. The social workers have attended training seminars and are available if you have any questions regarding this new program.

Local advocates can also help:  
**HICAP** 1-800-434-0222  
**Health Consumer Alliance**  
[www.healthconsumer.org](http://www.healthconsumer.org)



**OUR GARDEN BOXES** are being geared up for Spring planting. Garden Club members have assumed watering, weeding and planting duties.

**A special thank you to the Don Scott family who have donated enriching soil and manure**

**Our friends are invited to bring in seedlings, vegetables and flowers for the Garden!**

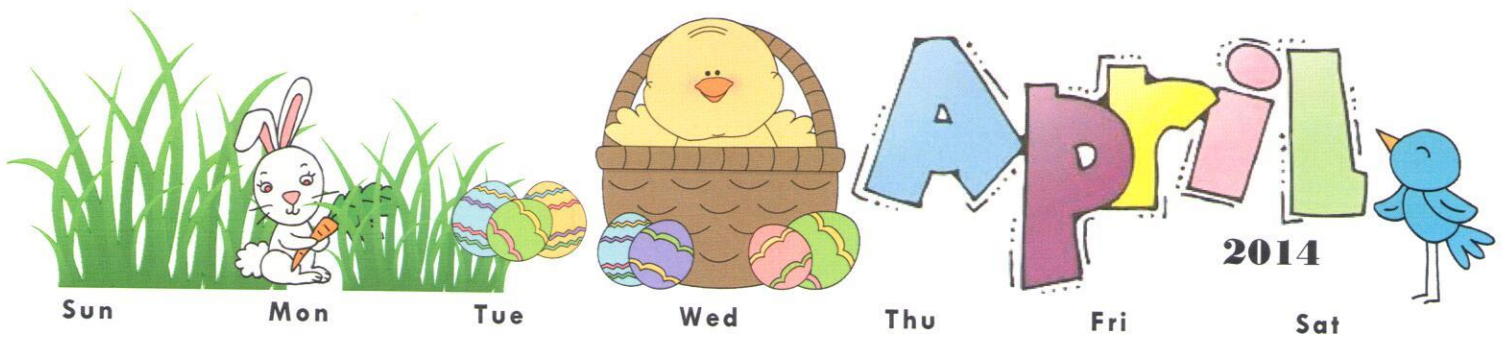


**Tell Us!**

**Reminding our participants and family to notify staff with any changes such as with health, medications, contact information, and doctors etc!**



4/1 Chicken Wrap	4/11 Egg Scramble	4/21 Turkey Sdwich
4/2 Beef Burger	4/14 Fajitas	4/22 Rotini Beef
4/3 Egg Scramble	4/15 Turkey Sdwich	4/23 Chic Gumbo
4/4 Tuna Sdwich	4/16 Burrito	4/24 Egg Scramble
4/7 Chili	4/17 Bake Chicken	4/25 Beef Taco
4/8 Turkey Sdwich	4/18 Turkey	4/28 BBQ Wrap
4/9 Taco Salad	<b>April Entree</b>	4/29 Thai Chicken
4/10 Noodles/Chickn		4/30 Beef Picadillo



Sun	Mon	Tue	Wed	Thu	Fri	Sat
PT: M,TH OT: W,TH COTA: M-F RN: M-F LVN: M-F ST: M,TH RD: 16TH MD: 16TH	Birthstone: Diamond  Zodiac sign: Aries	 Arts & Crafts  Trivia	2 Spa Day 	3 Spring Crafts  <b>BINGO</b>	4 Get Fit w/ Ana  Crafty fun w/ Brigett	5 Keep America Beautiful Month 
Meetings: INA at 9am	Morning Walks  <b>BINGO</b>	8 Movie of the Week	9 Music Appreciation  Art Therapy	10 Effective Communication w/ Suzi 	11 Morning Walks  Trivia Hour	12 National Garden Month 
13  THOMAS JEFFERSON 1793-1826 Thomas Jefferson's Birthday	14 	15 Passover  Tax Day!  Body Dynamics w/ Jean	16 Music & Movement w/ Jean  Art Expression	17  Mental Aerobics w/ Suzi  <b>BINGO</b>	18 Easter Celebration! 	19 National Humor Month  Stress Awareness Month
20 	21 Strengthening Exercises  <b>BINGO</b>	22 Last Day of Passover  Happy Earth Day	23 Create Melodies & Rhythms w/ Jean	24 Current Events  <b>BINGO</b>	25 Arbor Day  Birthday Party w/ Gus Mezza 	
27	28 Fun Fitness  Current Events	29 Video of the Week	30 Flex & Relaxation  Music Hour		<b>Daily Schedule:</b> <b>Java Club: 9-11</b> <b>Group Fitness: 11-11:45</b> <b>Lunch: 12-1</b> <b>Group Recreation: 1-4:30</b>	

Neighborhood House is an equal opportunity provider and employer.