

NEIGHBORHOOD HOUSE ASSOCIATION



The Neighborhood House Association (NHA) is one of San Diego County's largest multi-purpose human services agencies. NHA helps thousands of individuals and families improve their quality of life by providing vital social services including: employment, healthcare, child, family and senior services.

Neighborhood House Association programs and services include:

- Adult Day Health Care
- Child Development/State Preschool
- Geriatric Specialty Program
- Head Start/Early Head Start
- HIV/AIDS Case Management and Peer Support Services/Transportation Services
- Homework Center
- HUD Approved Housing Counseling
- InnoVisions
- Nutrition Services
- Project Enable/Friendship Clubhouse
- Project In-Reach
- Senior Service Center

HEADQUARTERS

Neighborhood House Association
5660 Copley Drive
San Diego, CA 92111
858-715-2642



Neighborhood House Association

"A neighbor you can count on...since 1914"

Project Enable Clinic
Neighborhood House Association
286 Euclid Avenue, Suite 102
San Diego, CA 92114
Phone 619-266-2111 x113

www.neighborhoodhouse.org

© Copyright 2013, The Neighborhood House Association, San Diego, CA



Neighborhood House Association

"A neighbor you can count on...since 1914"

Project Enable: A Mental Health Program



A Wellness and Recovery Center

ABOUT PROJECT ENABLE



Neighborhood House Association's Project Enable BPSR Wellness & Recovery Center provides mental health services to adults 18 years of age and older who are affected by severe and persistent mental illness and/or co-occurring disorders that interfere with their ability to function in key life roles, as parents, students, spouses and employees. Services are recovery-oriented, culturally-relevant and focus on symptom reduction and stabilization. Comprehensive services include psychiatric evaluation, medication management, case management, individual and group therapy and urgent walk-in services.

Project Enable provides special outreach to diverse groups of underserved residents in the Southeast Central region of San Diego, including homeless, youth and older adults

PAYMENT

Project Enable BPSR Wellness & Recovery Center accepts MediCal insurance. Those who are not insured are charged an annual fee based on their ability to pay.

ELIGIBILITY

Project Enable clients must:

- *Be 18 years of age or older*
- *Meet the criteria for severe mental disorder and/or a co-occurring disorder*
- *Be insured by MediCal or uninsured and meet the financial eligibility criteria established by the County of San Diego*

SERVICES

- *Urgent walk-in services*
- *Mental health assessment*
- *Medication management*
- *Case management*
- *Crisis intervention*
- *Individual therapy*
- *Group therapy*
- *Specialty services for transitional age youth (18-24 years of age) including independent living skills, employment and vocational support, anger management, healthy living, art therapy and socialization*
- *Specialty services for adults 60 years of age and older, including socialization, wellness support and case management*



SERVICE AREA



Neighborhood House Association's Project Enable serves residents of Southeast San Diego.

Urgent walk-in service areas include zip codes: 92112, 92113, 92114 and 92139.

CLINIC HOURS:
Monday to Friday
8 a.m. to 5 p.m.

WALK-IN HOURS:
Monday to Friday
10 a.m. to 2 p.m.

Call for evening availability.

Project Enable is funded by the County of San Diego Health and Human Services Agency Adult/Older Adult Mental Health Services.