MISSION STATEMENT

THE NEIGHBORHOOD HOUSE ADULT DAY HEALTH CARE CENTER SEEKS TO **ASSIST INDIVIDUALS ACHIEVE MAXIMUM FUNCTIONAL** INDEPENDENCE WHILE PROVIDING SUPPORTIVE SERVICES TO CAREGIVERS

NEIGHBORHOOD HOUSE ASSOCIATION ADULT DAY HEALTH CARE CEN-



The Roundup

JANUARY 2015

851 South 35th Street, San Diego, CA 92113 (619) 233-6691

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Y NEWY

New Beginnings of a Person Centered Program

2015 Brings fresh beginnings after almost 32 years of service at the Neighborhood House Adult Day Health Care Center. We will be transitioning into a new innovative person centered program! Meanwhile during the Holidays, we celebrated the past & future at our Annual Family Night. Rudy Johnson, CEO

Family Night Fun

greeted the welcoming crowd. Juan Robles and his keyboard sang lively tunes. The



dinner was truly delicious. A trim Santa passed out peppermint candy canes. Later, the big drawing was

held. The Grand prize winner was Faye Jackson who won a gift card decorated wreath worth over \$250.



Thanks to our Benefactors

Many thanks to the Aramark Corporation for underwriting our Holiday festivities. Another generous benefactor was Martha Villescuesa who was truly a Secret Santa. Other kind friends sold tickets, prepared food or made donations including Donna Borowy, Bridgett Gonzales, Dan & Don Scott, The big draw was record breaking successful with over \$1200 added to our enrichment fund. Happy Happy!





Duke Sobek plays Fun Santa Claus at **Daytime Holiday Party**

Santa Duke (NHA/HR administrator) and 2 pretty elves known as Kirsten and Erin made spirits bright with their visit at the daytime Holiday Party! Participants were also entertained by talented singer, Danny Lopez.

Each participant received a nice gift from Santa. Aramark provided a generous grant to help with Holiday gifts. "I liked my gift." was heard many times . We must have all been very good!

Neighborhood House Adult Day Health Care

619-233-6691



2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
PT: M,TH OT: W,TH COTA: M-F RN: M-F	Java C	Daily Schedi lub: 9-11am xercise: 11:		New Year's Day	2 TANUARI	3
LVN: M-F ST: M, TH	Lunch: Group			Sorry CLOSED	ig day	Carnation
4 MD: 14TH PSYCH: W	Current Events	Morning Walks Video of the Week	Brain Aerobics Music Hour w/ Jean	Morning Stretches w/ Suzi and Muriel!	9 Trivia Art Therapy w/ Jean	10 National Blood Donor Month
11	Activities For Your Heart w/ Suzi	Art Exploration W/ Jean Video of the Week	Ageless Fitness Music & Memories	Brain Teasers! BINGO	Effective Communication Range of Motion	
	lartin Luther King Jr. Day Center is OPEN	Spa Day	Creative Expression w/ Jean	Morning Walks BINGO	Monthly Birthday Party!	National Braille Literacy Month
25	Physical conditioning	Group Fitness	Music & Memories	Brain Teasers BINGO	Health Awareness Creative Crafts	New Year