

NEIGHBORHOOD HOUSE ASSOCIATION



The Neighborhood House Association (NHA) is one of San Diego County's largest multipurpose human services agency. NHA helps thousands of individuals and families improve their quality of life by providing vital social services including employment, healthcare, child, family and senior services.

Neighborhood House Association programs and services include:

- *Adult Day Health Care*
- *Child Development/State Preschool*
- *Emergency Services*
- *Head Start/Early Head Start*
- *HIV/AIDS Case Management and Peer Support Services/Transportation Services*
- *HUD Approved Housing Counseling*
- *InnoVisions*
- *Project Enable/Friendship Clubhouse/Geriatric Specialty Program*
- *Senior Service Center*

Neighborhood House Association
5660 Copley Drive
San Diego, CA 92111
858-715-2642

www.neighborhoodhouse.org



Neighborhood House Association

"A neighbor you can count on...since 1914"

Geriatric Specialty Program
Neighborhood House Association
841 South 41st Street
San Diego, CA 92113
Phone: 619-263-7761
Fax: 619-527-8536

<http://www.neighborhoodhouse.org/GeriatricProgram>



**Neighborhood
House
Association**

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**Geriatric
Specialty
Program**



Help Begins at Home

ABOUT THE GERIATRIC SPECIALTY PROGRAM



NHA's Geriatric Specialty Program is a field-based program providing mental health services to adults 60 years and older who reside in the Central San Diego area and neighboring communities. The focus of the program is to reach out and provide support to at-risk seniors who are unable or unwilling to seek assistance from other mental health settings. There is no charge for services. Our goal is to help seniors be safe, continue to stay in their own homes and have a good quality of life.

The Geriatric Specialty Program is a component of NHA's Project Enable, a Wellness and Recovery Center.

ELIGIBILITY

Clients of The Geriatric Specialty Program must be:

- *60 years of age or older*
- *At risk and/or isolated, homebound, in crisis or generally experiencing one or more of the following symptoms: Trouble coping with daily activities; increased forgetfulness and confusion; feelings of sadness, depression or anxiety; unexplained aches or pains; sudden changes in eating and sleeping patterns; or changes in social interactions such as pulling away from people or a loss of interest in pleasurable activities.*

SERVICES

- *In-home mental health screening & assessments*
- *Short-term wellness support provided by Registered Nurse and Licensed Clinician*
- *Comprehensive referrals to support community-based living*
- *Community outreach & education*



REFERRALS



For general information, or to make a referral, please call 619-263-7761 and ask for the Lead Geriatric Specialist.

HOURS:

In-home visits are Monday to Friday
8 a.m. to 4:30 p.m.

All information is kept confidential.
Se Habla Español

Funded by the County of San Diego Health and Human Services Agency Adult/Older Adult Mental Health Services.