

Mission Statement

The Neighborhood House Adult Day Health Care Center seeks to assist individuals achieve maximum functional independence while providing supportive services to caregivers.



Neighborhood House Association Adult Day Health Care Center The RoundUp



OCTOBER 2011

851 South 35th Street, San Diego, Cal 92113 (619) 233-6691 Fax (619) 233-6693



Fall Festivities A Good Time for Every Season



Court Ruling



Expected of

Medi-Cal ADHC Benefit

Autumn décor turns orange and brown this month. Join us for a good time at the Oktoberfest, with the lively Melody Makers Band and at the Halloween Carnival. In the garden, we are hoping for pumpkins! Participants are busy creating fall crafts for the center. Get out your leder hosen & scary masks.

Earlier this year, a federal lawsuit was filed by Disability Rights California regarding the elimination of ADHC as a Medi-Cal benefit. A court order is being sought that ADHC participants will be assured adequate and proper services needed to avoid hospitalization or placement in nursing facilities prior to the elimination of Medi-Cal as an ADHC benefit.



Susan Edwards, RN to Oversee Flu Shot Clinic

Our flu shot clinic will be held later in October. If you want your doctor to give it sooner, please go ahead and do so. Susan Edwards, RN has prepared flu shot info and



forms. Please sign and return the permission slips as soon as possible so that a dose may be reserved for you. Ahh choo not!



College Interns Join the Center

Welcome Monica Hua, Chittapone Lasaath and Tanya Lopez who are from the Gerontology/Social Work department at SDSU. We also greet Kevin Liu from UCSD who is interested in Physical Therapy.

The Court is expected to hear the lawsuit on November 1, 2011. The ruling is anticipated prior to the scheduled elimination at the end of November.



On a side note...

The center recently sent out an interest survey to participants & their caregivers of the possibility of dual license offerings of Adult Day Health Care or Adult Day Care on a private pay basis. Kindly return the surveys ASAP.

ACTIVITIES IN REVIEW

By Ana Parramore, BSW

Celebrating Mexican Independence Day!



Participants proudly sing along!

Singing group, La Rondalla belts out traditional Mexican songs.



Welcome Back Teachers!

Our ECC teachers returned to the Center on September 6th after a long 2 month absence! ADHC participants reflected on what these special teachers mean to them. **Donna Richardson** said, "They help me a lot with my projects". **Feliza Pasetes** shared, "I feel relaxed and educated by what they teach. I feel loved by them". **Janice Clark** happily added, "I love music time because I get to sing-a-long with Jean!" We are lucky indeed to have such special teachers!

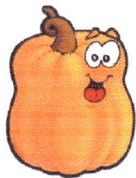
Birthday Cheers

to:

Edward Simpson 10/7

Peony Wong 10/15

Margarita Lopez 10/16



Looking Forward to October Fun!

Autumn days are here and the ADHC October calendar is filled with fun and exciting activities to celebrate this wonderful season. We will begin the month by designing our own scarecrows to place in the ADHC garden. Then, be sure to wear your polka dots for the Annual Oktoberfest contest. Don't miss ice cold Rootbeer and pretzels too! There is a chance to demonstrate your artistic skills for the special Halloween coloring contest. The winner will get a *spooktacular* prize!



All things Halloween include a pumpkin weigh in and the annual Halloween Carnival! Dress up in your scariest, funniest or most original costume on October 31st for an award and prizes! See you there if you dare!

Humor for Healing



They say laughter is the best medicine. Best of all, it's fun and free! Here is a compilation of Halloween jokes that are sure to make you chuckle!



En Espanol

By Tanya Lopez
Gerontology Intern



En Octubre 12 se celebra El Dia de la Raza conocido tambien como Columbus Day. El celebrar este dia ha sido muy contrversial, siendo que fue el dia cuando Christopher Columbus descubrio America causando un desenlace de esclavitud y enfermedades que causo mucha muerte. Por esa razon, este dia festivo no fue celebrado en Estado Unidos hasta el ano 1937 y en Mexico en el ano 1928. Aunque El Dia de la Raza sirve como un recordatorio donde el primer contacto se hizo entre los Europeos y los Indigenas para los Latinos este dia es recordado cuando comenzo la resistencia contra los Europeos.

En los anos de 1960s, los activistas que luchaban por la igualdad en Estado Unidos usaron El Dia de la Raza para mobilizar sus causas. Ahora el llamado "La Raza" es usado como un grito de guerra contra la injusticia o un simple simbolo del orgullo de ser Latino.

What kind of mistakes do spooks make?

Boo boos

Who did the ghost invite to his party?

Anyone he could dig up

What's it like to be kissed by a vampire?

It's a pain in the neck

Why do mummies have trouble keeping friends?

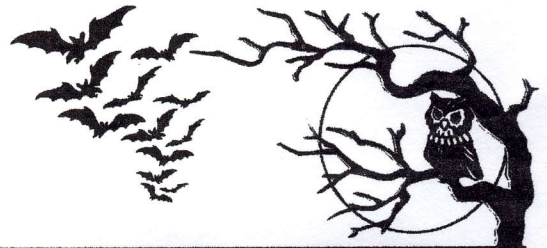
They're so wrapped up in themselves





October

2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
PT: MTH PTA: MTWF OT: MW OTA: M-F LVN: M-F ST: MT			<p>ADHC Schedule: Java Club: 9-11 am Group Exercise: 11-11:45 Lunch: 12-1 pm Recreational Activities: 1-2 pm Afternoon Snacks: 2 pm PM Recreation: 2-5 pm</p>			1
2 RD: 12th MD: 12th PSYCH: W RN: M-F	3 <p>Scarecrow Festival Design your own scarecrow!</p>	4 <p>The Melody Makers!</p>	5 <p>Morning Walks Sing w/ Jean</p>	6 <p>Fun w/ Suzi BINGO</p>	7 Yom Kippur begins at sundown Oktoberfest Let's Get Dotty! 	8 <p>Polish American History Month Family History Month</p>
9 Staff Meetings: INA: 12th	10 <p>The Center is OPEN!</p>	11 <p>Current Events Video of the Week</p>	12 <p>Group Stretches Get Crafty w/ Jean</p>	13 <p>National Face Your Fears Day</p>	14 <p>The SD Humane Society @ 10:30am</p>	15
16 	17 <p>Halloween Coloring Contest</p>	18 <p>Spa Day</p>	19 <p>Name that Tune Arts & Crafts</p>	20 	21 <p>Birthday Fun w/ Juan Robles!</p>	22 <p>National Chili Month National Apple Month</p>
23	24 <p>Pumpkin Weigh In BINGO</p>	25 <p>Video of the Week Fun w/ Jean</p>	26 <p>Morning Walks Group Crafts</p>	27 <p>Ageless Fitness BINGO</p>	28 <p>Range of Motion Spooky Crafts!</p>	29
30 	31 <p>Happy Halloween! CARNIVAL!</p>		<p>Charlie Brown is the one person I identify with. He wasn't even the star of his own Halloween special. ~Chris Rock</p>			



October Entree

- | | |
|------------------------|------------------------|
| 10/3 Beef Bulgoigi | 10/20 Baked Chicken |
| 10/4 Beef Lasagne | 10/21 Braised Beef |
| 10/5 Turkey Gumbo | |
| 10/6 Chicken Paprikash | 10/24 Beef/Bean Taco |
| 10/7 Spinach Egg Bake | 10/25 Bolognese Beef |
| 10/10 Cassoulet | 10/26 Penne w/ Chicken |
| 10/11 Chicken Salad | 10/27 Spinach Egg Bake |
| 10/12 Turkey Gumbo | 10/28 Salad w/ Turkey |
| 10/13 Chicken Paprika | 10/31 BBQ Chicken |
| 10/14 Salmon Taco | |

- 10/17 Cassoulet
- 10/18 Fajitas
- 10/19 Turkey



Getting your Affairs in Order takes Planning

- Put your important papers and copies of legal documents in one place.
- Tell a trusted family member or friend where you put all your important papers.
- Give consent in advance for your doctor or lawyer to talk with your caregiver.



Participant Profile: Feliza Pasetes



Sharing her experiences from Hawaii
Written by Hoang Hua, Gero. Intern

Our very own Feliza Pasetes was fortunate enough to join her family in Hawaii this past month to celebrate her son's 30th anniversary. Her family of 10 rented a luxurious home with a jaw dropping view of the beaches on the island of Oahu. Feliza had the opportunity to visit the amazing beaches, parks, and of course try many of the delicious traditional meals. She was not only able to try the famous roast pig, but also watch the natives prepare the meal. Feliza's favorite places were the Plantation Garden, which included plants only native to the island. Her second favorite place to visit was Pearl Harbor because she was able to see the history and tragedy that had struck our nation years ago. On a better note, Feliza was at lost with words when describing the sunrise and sunsets in Hawaii. Even with all the great sights and activities found in Hawaii, Feliza just loved spending time with her family. Thoughtful Feliza brought back chocolate macadamia nut candies for the staff and a special video from her trip for us to enjoy!!

NHA Staff List



Jennifer Hurlow-Paonessa,
LCSW, Director
Betty Tuyay, MSW
Susan Edwards, RN
Ana Parramore, BSW, Act. Coord.
Jennifer Ortega, COTA, Act. Coord.
Grace Williams, LVN
Pat Johnson, CNA
Annie Coleman, CNA
Marilyn Fullen PTA
Larry Love, Facilities, Aide
Brea Pascual, RN



PROGRAM AIDES

Patricia Finner, Emilia Ayala
Stephen Tedford
Derrick Henderson



CONTRACT STAFF

Phyllis Daniell, PT, Carol Yount, ST
Sheri Dodds, OT, Arnold Lipschitz,
Pharm. Joanne Robertson, DT, Butch
Amaral, PH.d, Dr. Merritt Matthews

ECC INSTRUCTORS

Jean Scott, Suzi Beach

INTERNS

Chittaphone Lasaath, Hoang Hua,
Tanya Lopez, Kevin Liu

