

NEIGHBORHOOD HOUSE ASSOCIATION



The Neighborhood House Association is San Diego County's largest multi-purpose human services agency. NHA helps thousands of individuals and families improve their quality of life by providing vital social services including employment, healthcare, child, family and senior services.

Neighborhood House Association programs and services include:

- *Adult Day Health Care*
- *The CONNECTION*
- *Child Development/State Preschool*
- *Emergency Services*
- *Head Start/Early Head Start*
- *HIV/AIDS Case Management and Peer Support Services/Transportation Services*
- *HUD Approved Housing Counseling*
- *InnoVisions*
- *Project Enable/Friendship Clubhouse*
- *Senior Service Center*

Neighborhood House Association
5660 Copley Drive
San Diego, CA 92111
858-715-2642



Neighborhood House Association

"A neighbor you can count on...since 1914"

Emergency Services
Neighborhood House Association
841 South 41st Street
San Diego, CA 92113
619-263-7761

www.neighborhoodhouse.org



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Emergency Services



Immediate Assistance
for Families in Need

ABOUT EMERGENCY SERVICES



Neighborhood House Association's Emergency Services program offers short-term emergency food and San Diego Gas & Electric utility bill assistance, free of charge, to qualifying individuals and families.

Food is distributed on a walk-in basis every Monday, Wednesday and Friday from 1:30 p.m. to 4:30 p.m. Each household can receive emergency services three times per year or once every four months.

ELIGIBILITY

To qualify to receive emergency services, monthly income guidelines must be no more than the following:

Family of one: \$1,225

Family of two: \$1,650

Family of three: \$2,075

Family of four: \$2,500



Commodities distributed as part of the Emergency Services program are determined by strict government guidelines and depends on family size. Food items distributed usually include:

- *Four to six cans of vegetables*
- *One or two bags or boxes of staple items such as rice, macaroni or beans*
- *A protein such as peanut butter or canned meat*
- *Loaf of bread*
- *Fresh fruit and vegetables, as available*